

BILLY MOYER

Name: _____ Today's Date: _____ Target Date: _____

Goal	
(Write this in first person and take ownership.)	
Benefits	Losses Avoided
Possible Obstacles	Possible Solutions

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Action Steps	Target Date	Date Completed
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
Method of Tracking Progress		
Notes		